

Kent College

Enrichment Clubs and Activities

Summer Term 2025

Extra-Curricular Activities (ECA) Overview

It is important that our pupils have the chance to discover new talents and nurture those that already exist. Kent College offers a broad range of enrichment clubs and activities, including sport and music, which take place during lunchtimes, before and after school.

Participation in enrichment clubs and activities teaches values such as teamwork, service to others, and the importance of striving to reach one's potential. All activities are led by staff members and qualified external coaches. Activities occur Mondays through to Fridays, taking place before school, during lunch and after school.

The Enrichment Clubs and Activities are sent out to all parents at the beginning of each term. Pupils may change their choices if space permits, however for paid activities we require a term's notice for cancellation.

There are three terms of Extra Curricular Activities as follows:

Autumn Term	16 September – 6 December 2024
Spring Term	13 January – 28 March 2025
Summer Term	28 April – 4 July 2025

Please note: All offerings in the enrichment programme are subject to sufficient enrolment. Please note that activities begin in the second week of each term and finish the week before the term ends.



Sport and Fitness

Cricket

KS2 Cricket Club

In Cricket Club, the children will be developing their batting, bowling, and fielding skills to support with their cricket term fixtures against other schools. They will practise their batting techniques, learning how to time their shots and play with accuracy and confidence. Bowling sessions will focus on improving control and consistency, while fielding drills will help sharpen their catching, throwing, and teamwork. Friendly matches and team challenges will give them the chance to put their skills into practise and build confidence on the pitch.

Leaders: Mr George
Location: Astro

Day: Tuesday
Time: 12:15–12:45pm

Swimming

KS2 Swimming Squad (*invitation only) (Years 3 – 6)

A squad training session, led by Monson swim coaches for all swimmers in the squad. The focus is on training for galas, stroke development and pool fitness.

Leaders: Monson Coaches/PE Department
Location: KC Pool

Day: Tuesdays
Time: 7:40–8:30am

Day: Wednesdays
Time: 4:00–5:00pm

KS2 Swimming Squad training (*invitation only) (** additional sessions for Years 5 – 6)

The Year 5 and 6 squad is invited to train with the Senior School squad led by Monson on Tuesday afternoon and Wednesday morning. The focus is on training for galas, stroke development and pool fitness.

Leaders: Monson Coaches/PE Department

Day: Tuesday
Time: 4:15–5:00pm

Day: Wednesday
Time: 7:40–8:30am

Swimming Club Lessons

Monson provides swimming club lessons for KC pupils at an additional cost. All pupils attending the swim school will need to have their own arrangements for getting to the session, changing and for collection when it has finished. For more information and to book please email monson.swimschool@gmail.com.

Athletics

Year 5 and 6 Athletics

In Athletics Club, the children will be working on a range of skills to help them prepare for Sports Day at the end of term. They will practise running techniques, focusing on improving their speed and stamina for sprints and longer races. There will also be sessions on jumping and throwing events, where they'll learn the correct techniques for activities such as the long jump, high jump, and javelin.

Teamwork and sportsmanship will be encouraged through fun relay races and group challenges. The aim is to build confidence, improve fitness, and make sure everyone feels ready and excited for Sports Day.

Leaders: PE Staff

Location: Astro

Day: Wednesdays

Time: 4:15 – 5:15pm

Multi Sport

In this club, pupils will work on basic movement abilities, like balance and coordination, through fun games. These sessions build confidence and lay the foundation for future sports participation. Pupils will be collected from and returned to Prep.

Prep Multi Sports Club

Leaders: PE Department

Location: Various

Day: Tuesday (Rec – Year 6)

Time: 4:15 – 5:00pm

Multi Sports Club Reception – Year 3

Leaders: PE Department

Location: Various

Day: Thursday (Rec – Year 3)

Time: 12:45 – 1:15pm

Gymnastics

KS1 Fun Gymnastics (Years 1 – 2)

Mrs Cox offers a lunch time and fun gymnastic clubs for pupils wanting to develop skills and coordination.

Leaders: Mrs Cox

Location: New Sports Hall

Day: Tuesday

Time: 4:00 – 5:00pm

KS1 Development Team (Years 1 –2) (*invitation only)

Mrs Cox is launching a new invitation-only club to help KS1 gymnasts prepare for team competitions, running alongside the fun gymnastics class with an additional 30 minutes of training, pupils will be collected from the Prep School.

Leaders: Mrs Cox

Location: New Sports Hall

Day: Tuesdays

Time: 4:00 – 5:30pm

KS2 Lunchtime Gymnastics (Years 3 – 6)

Leaders: Mrs Cox

Location: New Sports Hall

Day: Tuesdays

Time: 12:15 – 12:45pm

Team Gymnastics (*invitation only) **This is a charged Club

Working towards BSGA and ISGA competitions.

Leaders: Mrs Cox, Miss Cox, Mrs Pearce

Location: New Sports Hall

Day: Wednesdays

Time: Various 5:15 – 7:30pm

KS2 Gymnastics Training Session (*Year 2 invited) **This is a charged Club

Leaders: Mrs Cox

Location: New Sports Hall

Day: Fridays

Time: 4:00 – 5:15pm

****Charges** are made for the above Gymnastics Training sessions with external specialist coaches led by Mrs Cox. These sessions will be charged at a rate of **£8.75** based on **12 sessions** for this term and will be added to your end of term account.



Fine and Performing Arts

Dance

Dance lessons are taught by external dance teachers, Mrs Nicholson (Ballet and Modern Dance Teacher) and Miss Witt (Tap Teacher). Lessons are charged at £60 based on 10 sessions for the term; charges will be added to the end-of-term account. Parents will be reimbursed only when a session is cancelled, or a pupil is required for a school function. If you have any queries or concerns regarding your child's progress, please contact Mrs Nicholson at samseenan@hotmail.co.uk. Dance uniform can be obtained from The Dancing Boutique or via their website [linked here](#).

The Dancing Boutique
82 Victoria Road,
Tunbridge Wells
TN1 2PW
Telephone: 01892 529720

Ballet (Forest Explorers)
Location: Prep Hall

Day: Fridays
Time: 1:30 – 2:00pm

Ballet (Reception)
Location: Prep Hall

Day: Mondays
Time: 12:45 – 1.15pm

Ballet (Years 1 and 2)
Location: Prep Hall

Day: Tuesdays
Time: 12:45 – 1.15pm

Ballet (Year 3)
Location: Prep Hall

Day: Fridays
Time: 12:15 – 12:45pm

Ballet (Years 4 – 6)
Location: Prep Hall

Day: Mondays
Time: 12:15 – 12:45pm

Pop Dance (Years 1 – 2)
Location: Prep Hall

Day: Fridays
Time: 12:45 – 1.15pm

Pop Dance (Years 3 – 6)
Location: Prep Hall

Day: Tuesdays
Time: 12:15 – 12:45pm

Tap Dance (Years 2 – 3)
Location: Prep Hall

Day: Wednesdays
Time: 12:45 – 1.15pm

Tap Dance (Years 4 – 6)
Location: Prep Hall

Day: Wednesdays
Time: 12:15 – 12:45pm

Music

KS1 Choir (Rec – Years 2)

Pupils will learn a variety of songs from different styles in two-part harmony and rehearse for performances in school and the wider community.

Leader: Ms Rivett

Location: Creative Lab

Day: Thursdays

Time: 8:15 – 8:45am

KS2 Lower Choir (Years 3 – 4)

Pupils will learn a variety of songs from different styles in two-part harmony and rehearse for performances in school and the wider community.

Leader: Ms Rivett

Location: Creative Lab

Day: Wednesdays

Time: 4:00 – 5:00pm

KS2 Choir (Years 5 – 6)

Pupils will learn a variety of songs from different styles in two-part harmony and rehearse for performances in school and the wider community.

Leader: Ms Rivett

Location: Creative Lab

Day: Wednesdays

Time: 8:15 – 8:45am

Prep School Orchestra – All instruments from Year 2

Open to all instrumentalists and a great introduction to ensemble playing. Pupils learn to play a variety of pieces for performances at Prep School events.

Leader: Ms Rivett

Location: Creative Lab

Day: Wednesdays

Time: 12:45–1:15pm

Beginners Recorder Club (Years 2 – 6)

An introduction to the descant recorder. We will learn how to read music, play ensembles on the recorder and have lots of fun.

Leader: Mrs Bullough

Location: Creative Lab

Day: Thursdays

Time: 12:45 – 1.15pm

Intermediate Recorder Club (Years 3 – 6)

Recorder Club for those already with experience where we can advance our recorder skills and play more intricate pieces.

Leader: Mrs Bullough

Location: Creative Lab

Day: Tuesdays

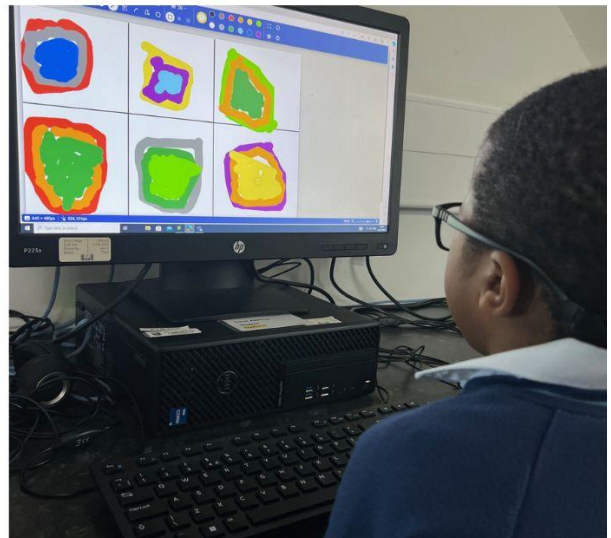
Time: 12:45 – 1.15pm

Prep Strings (Years 4 – 6)

Prep Strings is open to violin, viola, cello and double bass players in Year 4 – 6 of around Grade 1 standard and above. If you're not sure of your child's level, please check with their instrumental teacher.

Leader: Ms Chellel
Location: Creative Lab

Day: Friday
Time: 8:30 – 9:00am



STEM

STEM

Computer Club (Years 5 – 6)

In Computer Club, the children will be learning exciting tips and tricks for coding, helping them to develop their problem-solving skills and creativity. They will explore different coding languages and techniques, working towards creating their own games from scratch. Through fun and interactive sessions, they'll learn how to design characters, build game mechanics, and troubleshoot code to make their games run smoothly. The club will encourage teamwork and creativity while building confidence in using technology. This club is limited to **12 pupils**.

Leader: Mrs Cresswell

Location: Computer Room

Day: Monday

Time: 4:15 – 5:00pm

Lego Club (Reception – Year 2)

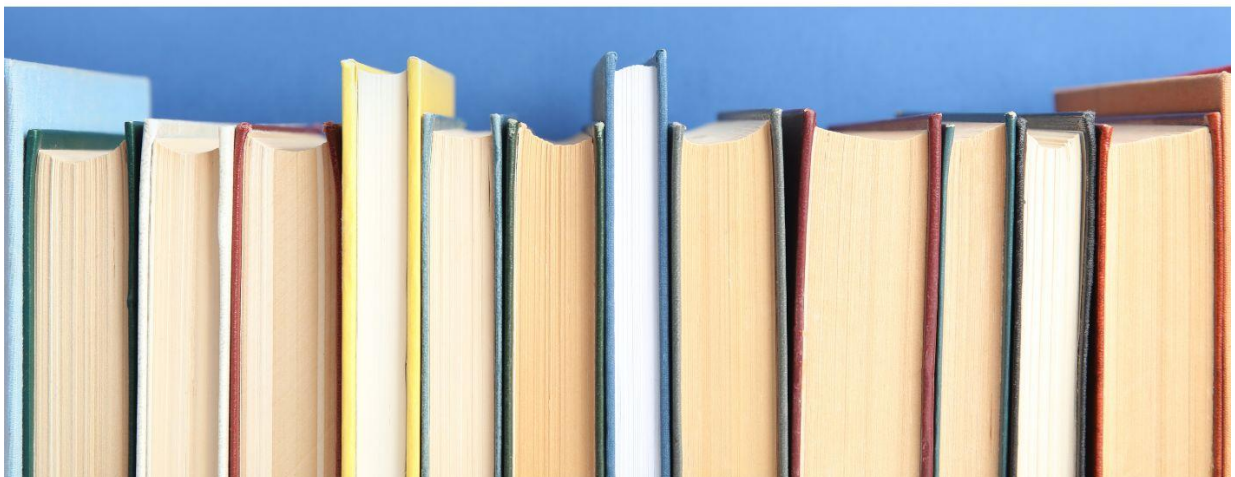
Calling all Builders in Reception to Year 2! Join our Lego Club and let your imagination run wild. The Lego Club is an exciting and creative space for up to 16 children to have lots of fun. Each week, Mrs Cole and Mrs Hall will introduce exciting Lego challenges for the children to take on. Alternatively, they can dive into free-building sessions to let their creativity take over! It's a brilliant chance for them to enhance their problem-solving abilities, work together as a team, and, most importantly, have heaps of fun!

Leader: Mrs Cole and Mrs Hall

Location: Reception Classroom

Day: Thursday

Time: 4:15 – 5:00pm



Wellbeing

The Book Bunch Years 4 – 6

In our Book Club, students will have the chance to read and discuss a variety of books together in a relaxed and friendly setting. Each week, they'll explore new stories and share their thoughts, discovering different perspectives and ideas. The club is a great way to develop a love of reading, improve comprehension skills, and enjoy the magic of books with friends. This club is limited to **20 pupils**.

Leader: Ms Dunstall
Location: Library

Day: Monday
Time: 12:45 – 13:15pm

Gardening Club Years 1 – 2

In gardening Club we will tend to the school garden. Plant vegetables to hopefully harvest at the end of the term and share with our school kitchen. Grow our own little plants to take home and nurture. The sessions will look at what plants need to survive and the importance of looking after nature. This club is limited to **10 pupils**.

Leader: Mr Sullivan
Location: Prep Garden

Day: Monday
Time: 4:15 – 5:00pm

Gardening Club Years 3 – 4

In Garden Club, children will learn how to grow and care for a variety of vegetables, flowers, and plants. They'll discover the importance of nurturing what they grow, from planting seeds to harvesting produce. The sessions will also include creative projects like making bird feeders to attract wildlife and decorating mosaic plant pots to personalise their growing spaces. Through hands-on activities, they'll develop a deeper understanding of nature, patience, and the joy of seeing their hard work bloom. This club is limited to **10 pupils**

Leader: Mrs Crotty
Location: Prep School Terrace

Day: Wednesday
Time: 4:15 – 5:00pm

Mindfulness Art (Reception, Years 1 –2)

In Mindfulness Art Club, the children will explore creative ways to relax and express themselves through art. They will try different techniques such as Hama Beads and mindful colouring. The sessions will encourage them to slow down, be present in the moment, and unwind. Through calming music and a supportive atmosphere, they'll learn how creativity can help reduce stress and boost overall wellbeing. This club is limited to **12 pupils**.

Leader: Mrs Keenan
Location: Year 2 Classroom

Day: Friday
Time: 12:45 – 13:15pm

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 7:45-8:30		KS2 Swimming Squad 7:40 – 8:30am *by invitation only – PE	KS2 Swimming Squad Year 5 and 6 only 7:40 – 8:30am *by invitation only – PE	KS1 Choir Reception – Year 2 8:15 – 8:45am Miss Rivett	
					Prep Strings Years 4 – 6 Mrs Chellel 8:30 – 9:00am
			KS2 Choir Years 5 – 6 8:15 – 8:45am Miss Rivett		
Lunch A 12:15 – 12:45pm	Ballet Years 4-6 Mrs Nicholson	KS2 Cricket Club Mr George	Tap Years 4 – 6 Miss Witt		Ballet Year 3 Mrs Nicholson
		KS2 Lunchtime Gymnastics Mrs Cox			
		KS2 Pop Dance Mrs Nicholson			
Lunch B 12:45 – 1:15pm	Ballet Reception Mrs Nicholson	KS2 Intermediate Recorder Club Mrs Bullough	Prep School Orchestra Years 2 – 6 *All instruments Miss Rivett	Multi Sports Reception – Year 3 Mr George	KS 1 Pop Dance Mrs Nicholson
	The Book Bunch Years 4 – 6 with Miss Dunstall	Ballet Years 1 – 2 Mrs Nicholson	Tap Years 2 – 3 Miss Witt	Beginners Recorder Club Years 2 – 6 Mrs Bullough	Mindfulness Art Reception – Years 2 Mrs Keenan
	Thinking Skills Year 5 Mrs Hall				Forest Explorers Ballet 1:30 – 2:00pm Mrs Nicholson
PM 4:15 – 5:00pm	Gardening Club Years 1 – 2 Mr Sullivan	Prep Multisport Club Reception – Year 6 PE Department	KS2 Swimming Training *by invitation only – PE 4:00 – 5:00pm	Lego Club Reception – Y2 Mrs Cole and Mrs Hall	KS2 Gymnastics Training Session 4:00 – 5:15pm Mrs Cox *Charged Club **Year 2 by invitation
	Computer Club Years 5 – 6 Mrs Cresswell	KS1 Fun Gymnastics Mrs Cox	KS2 Lower Choir Years 3 – 4 Miss Rivett		
		KS1 Gymnastics Development Team *by invitation only at 4:00-5:30pm	The Gardening Club Years 3 – 4 Mrs Crotty		
		KS2 Swimming Squad Year 5 and 6 only 7:40 – 8:30am *by invitation only – PE	Athletics Years 5 – 6 PE Department		
PM 5:15 – 7:30pm			Team Gymnastics *Invitation only at 5:15 – 7:30pm		Team gymnastics *Invitation only